

## WELLNESS TEAM

## STAFF DIRECTORY

### Program Coordinator

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### Life Skills Officer

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# Contact Us

### Office Address

250 Park Ave, Suite #210 Thunder Bay, ON

### Phone

Local: 807-346-0307  
Toll-Free: 1-866-870-2387  
Fax: 807-346-0310

Website: [www.aets.org/wellness](http://www.aets.org/wellness)

Email: [aets@aets.org](mailto:aets@aets.org)

### Hours of Operation

By Appointment only 8:30 AM - 4:30 PM

### Directions

Entrance can be accessed at the rear of the  
Goods & Co. building on Park Ave.



# AETS

Anishinabek Employment  
and Training Services

## WELLNESS OPPORTUNITIES INITIATIVE

#### Artist Acknowledgment

We acknowledge and celebrate the work of **Kevin Belmore**, whose piece "Wellness" beautifully illustrates the strength, growth, and deep cultural roots of the family unit. Through the symbolic use of flowers and leaves, the artwork reflects enduring ties to traditions that continue to hold meaning today. Belmore's work serves as a reminder of the importance of culture, wellness, and the connections that shape our lives.

We extend our gratitude to Kevin Belmore for sharing this meaningful vision and inspiring our community through art.

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the Government  
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Canada

## ABOUT THE PROGRAM

The wellness opportunities initiative aims to support First Nation Members who identify as having a disability of any kind.

This initiative will collaborate with employers to create inclusive work environments by increasing knowledge of peoples with disabilities to improve hiring practices

## ELIGIBILITY

- Legally able to work in Canada
- AETS First Nation members given priority
- Self-Identify as living with a disability (developmental, intellectual, physical, addictions, mental health concerns)

## KEY OUTCOMES

### PARTICIPANTS

- Tools, skills and information to obtain employment
- Enhanced employability
- Become employed, self-employed or return to school
- Business development

### EMPLOYERS

- Increased ability to hire and support person with disabilities in the workplace
- Hire and retain people with disabilities

### ACCESS TO

- Individual and group Life Skills programming
- Referrals to mental health and addictions services
- Career exploration
- Self-Employment supports
- Employment supports
- Computer, photocopier, fax machine and telephone access
- Cover letter and resume assistance and other services ...



# AETS

Anishinaabek Employment and Training Services

## FIRST NATION COMMUNITIES

**Animbiigoo Zaagi'igan  
Anishinaabek**

(Lake Nipigon Ojibway)

**Biigtigong Nishnaabeg**

(Pic River)

**Biinjitiwaabik Zaaging  
Anishinaabek**

(Rocky Bay First Nation)

**Bingwi Neyaashi Anishinaabek**

(Sand Point First Nation)

**Kiashke Zaaging Anishinaabek**

(Gull Bay First Nation)

**Michipicoten First Nation**

**Netmizaaggamig Nishnaabeg**

(Pic Moberg First Nation)

**Pays Plat First Nation**

**Red Rock Indian Band**