



REMOTE COOK PROGRAM (16 WEEK PROGRAM)

PROGRAM INFO:

Remote Cook Program is an applied certificate program. This program is 16 weeks in duration, consisting of two components:

- 1) Trades Readiness (4 weeks), which includes Academic Preparation in mathematics, communications and employability skills, and Trades Preparation.
- 2) Level 1: Basic (12 weeks) includes 8 units and provides the learners with the foundation skills and knowledge to begin their career in the skilled trades which adheres to performance standards for training competencies and guidelines of the Ministry of Advanced Education and Skills Development.

PROGRAM OVERVIEW:

This unique program provides the basic knowledge and trade skills needed for an entry level position for preparing and serving food in a camp kitchen in a remote area.

TRADES READINESS (4 WEEKS)

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| 1. Academic Preparation | 90 hours |
| 2. Trades Preparation | 30 hours |
| Total | 120 hours |

LEVEL 1: BASIC (12 WEEKS)

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| 1. Sanitation, Safety and Equipment | 15 hours |
| 2. Basic Nutrition | 15 hours |
| 3. Business Development - Basic | 15 hours |
| 4. Kitchen Management - Basic | 45 hours |
| 5. Food Theory - Basic | 45 hours |
| 6. Culinary Techniques - Basic | 165 hours |
| 7. Baking Theory | 15 hours |
| 8. Techniques of Baking - Basic | 45 hours |
| Total | 360 hours |

COURSE INFORMATION:

This course will run daily Monday to Friday – 9:00 a.m. to 4:00 p.m. – for 16 weeks. Students will be provided with all personal protective equipment (PPE).

EVALUATION:

Students will be evaluated at the end of each section. The instructor will provide an opportunity for improvement based on this feedback. Specific tests will be administered in WHMIS, First Aid and Safe Food Handling. A customized handwritten test will be completed at the end of the program to determine if competencies are completed. A practical test will also be given in the field to determine if the student can apply these competencies. Students must meet attendance requirements. **Grades for the Trades Readiness will be a credit or non credit. Grades for the Level 1 In-School component of the program will be reported on a student’s academic transcript with an academic grade.**

CREDENTIALS:

At the successful completion of the program, participants will receive a Confederation College “Recognition of Achievement”

ADMISSION REQUIREMENTS:

All potential students must have a minimum of a Grade 10 education, must be 18 years of age or older and must fill out all the appropriate application forms and assessments prior to training.

For More Information Contact:
info@supercomindustries.com